

SWISS PLASTIC SURGERY

BREAST AUGMENTATION

Procedure: Improves the size and shape of the breast by inserting silicon or saline implants. These can be placed either above or below the chest muscle.

Duration of procedure: Approximately 2 hours.

Anaesthetics: The procedure is carried out either under a general anaesthetic or a local anaesthetic with intravenous sedation.

Outpatient/inpatient: Both are possible depending on the patient's and surgeon's preferences.

Possible side-effects: Mild temporary pain, swelling, temporary changes in sensation in the nipple. The breast may be tender for several weeks.

Risks: Implants may need to be removed or replaced for the following reasons: leaking, rupture, scarring around the implant (capsule contraction). Capsule contraction may cause the breast to feel stiff and hard. Bleeding or infection. Other risks enlargement or reduction in areola and sensitivity of breast skin. In rare cases, this change in sensation can be permanent.

Recovery: Patients can return to work within a few days. Physical contact with the breast (except for brassieres) should be avoided for 3-4 weeks. The scars should reduce and disappear between three months and 2 years, depending on the individual's rate of healing.

Results: Results vary from patient to patient. The main effect of breast enlargement is increased fullness and projection of the breasts.