

SWISS PLASTIC SURGERY

BROW LIFT

Purpose and procedure: To reduce facial wrinkles, raise sagging eyebrows and drooping eyelids by removing superfluous skin, toning the muscles and tightening the forehead skin. This procedure can be carried out by making a semicircular incision directly behind the hairline (open method) or endoscopically using 5 small incisions (keyhole method). A camera and instruments are inserted and the areas to be treated are displayed.

Duration of operation: One to two hours.

Anaesthetics: general anaesthetic, intravenous or local anaesthetic

Hospitalisation / outpatient basis Usually on an outpatient basis

Potential side effects:

Endoscopic operation: Temporary swelling, numbness

Headaches, bruising

Traditional method: Possible hair loss and itching.

Risks and complications: Injury to facial nerves and loss of facial expression, muscle weakness, facial asymmetry, permanent local numbness of skin, broad and also (rarely) thick scars.

Recovery: Generally, patients can return to work after seven to ten days, or even earlier following an endoscopic brow lift. Physical exertion should be avoided for a few weeks. Bruises fade after 2-3 weeks. Exposure to the sun should be avoided for several months in order to avoid hyperpigmentation in the brow (which can occur in the first 3-6 months following the operation if exposed to the sun).

Result: The results last five to ten years.