

London Breast Meeting 2023

Game Changers in oncological, reconstructive and aesthetic breast surgery

7-9 September 2023

Day 1 – Thursday 7th September

07:30 – 08:30 Registration and breakfast

08:30 – 08:50 **Welcome address**

[Jian Farhadi](#), [Jaume Masia](#), [Marlene See](#), [Maurice Nahabedian](#)

08:50 – 09:55 **Headliners in Oncology**, Chairs: [Michael Knauer](#) & [Ash Kothari](#)

- Non-invasive breast cancer screening, [Simona Francese](#)
- Breast Cancer Vaccine: Progress and challenges in preventing recurrence, [Alicia Okines](#)
- Non-surgical treatment of breast cancer – are we there yet?, [Marc Thill](#)
- Treatment of breast cancer in gene mutation carriers, [Cornelia Leo](#)
- Discussion

09:55 – 10:55 **Improving survival in metastatic breast cancer**, Chairs: [Florian Fitzal](#) & [Marc Thill](#)

- Immunotherapy in breast cancer: harnessing the power of the immune system, [Alicia Okines](#)
- Advances in radiotherapy for local control and oligometastatic breast cancer, [Anna Kirby](#)
- Updates in systemic therapy, [Cornelia Leo](#)
- Discussion

10:55 – 11:30 Refreshments and exhibition viewing

11:30 – 12:25 **Surgical practice**, Chairs: [Christ Andree](#) & [Eric Santamaria](#)

- The confusing world of societies, registries and legislation, [Michael Knauer](#)
- Specialisation vs super-specialisation, [John Kim](#) & [Ash Kothari](#)
- Marking the cut in plastic surgery, [Greg Evans](#)
- Discussion

12:25 – 12:45 **Sponsored symposium**

12:45 – 13:20 **Digital and technological updates**, Chairs: [Yazan Masannat](#) & [Constantin Stan](#)

- Breast cancer surgical metaverse, [Pedro Gouveia](#)
- Artificial intelligence in breast surgery: diagnostics, research, and algorithms, [Greg Evans](#)
- Discussion

13:20 – 14:20 Lunch and exhibition viewing

14:20 – 15:15 **Patient focus**, Chairs: [Jaume Masia](#) & [Greg Evans](#)

- Understand patient reported outcomes and quality of life measures/patient advocacy, [Minas Chrysopoulo](#)
- The impact of lifestyle factors on breast cancer risk and survivorship: nutrition, exercise and beyond, [Terri Coutee](#)
- Discussion

Panel discussion: Direct to consumer marketing – physician beware
[Juame Masia](#), [Greg Evans](#), [Terri Coutee](#), [Minas Chrysolpoulo](#) & [Mark Ho Asjoe](#)

15:15 – 16:00 **Gamechanges in lymphoedema surgery**, Chairs: [Koen Van Landuyt](#) & [Stefania Tuinder](#)

- Lymphoedema preventative strategies , [Ketan Patel](#)
- Minimizing morbidity in axillary lymph node dissection, [Gemma Pons](#)
- Summary and highlights of the 9th world symposium on lymphotoedema surgery with a focus on prevention techniques, [Jaume Masia](#)
- Discussion

16:00 – 16:30 Refreshments and exhibition viewing

16:30 – 18:00 **Implant reconstruction**, Chairs: [John Kim](#) & [Mark Ho Asjoe](#)

- Prepectoral implant reconstruction with mesh/ADM: why, when and how?, [Ash Kothari](#)
- Prepectoral implant reconstruction without mesh/ADM: why, when and how?, [Ara Salibian](#)
- Reverse expansion: is this possible or wishful thinking?, [Filip Stillaert](#)
- The changing role of tissue expanders in breast reconstruction, [Florian Fitzal](#)
- The biological breast implant, [Pierre Gueresschi](#)
- Reconstruction of the previously augmented breast following mastectomy, [Alanna Rebecca](#)
- Discussion

18:00 – 18:20 **Special topic**

Panel discussion: The Demise of the anatomical implant

[Maurice Nahabedian](#), [Jian Farhadi](#), [Constantin Stan](#), [Humberto Uribe](#), [John Kim](#) & Industry Representatives

18:20 – late **LBM Welcome reception and garden party**

Day 2 – Friday 8th September

06:45 – 07:45 LBM Run through regents park

Parallel sessions

<p>08:00 – 09:20 Autologous reconstruction – pushing the boundaries, Chairs: Venkat Ramakrishnan & Filip Stillaert</p> <ul style="list-style-type: none">- Autologous reconstruction in the flap cripple – when to say no, Stefanie Tuinder- My free flap failed – now what? Algorithm for management, Chris Andree- Breast reconstruction with perforator flaps. What is on the horizon, Koen Van Landuyt- Correction of partial breast deformities with free flaps, Ara Salibian- Working towards breast reconstruction as a day case, Alanna Rebecca- Discussion	<p>08:00 – 09:10 Oncoplastic surgery, Partial breast reconstruction: free flaps vs local flaps, Chairs: Claudio Angrigiani & Yazan Masannat</p> <ul style="list-style-type: none">- Partial Breast reconstruction: free flaps vs local flaps, Ketan Patel- Medial breast defect reconstruction using reduction and mastopexy techniques (plastic surgeon perspective), Greg Evans- Bioabsorbable scaffold and their utility and efficacy in breast surgery, Maurice Nahabedian- Discussion <p>Panel discussion: the changing threshold and trends in sentinel lymph node biopsies Ash Kothari, Marc Thill, Cornelia Leo, Florian Fitzal, Yazan Masannat & Michael Knauer</p>
<p>09:20 – 10:15 Adjuncts to autologous reconstruction, Chairs: Marelen See & Gemma Pons</p> <ul style="list-style-type: none">- Can plastic surgeons interpret a CT scan and what does it take to do so?, Narayan Karunanithy- Attributes of a good microsurgeon, Eric Santamaria- Creating a successful microsurgical breast reconstruction unit in private practice, Minas Chrysopoulou- Discussion	<p>09:10 – 10:15 Oncological surgery, Chairs: Florian Fitzal & Michael Knauer</p> <ul style="list-style-type: none">- Treatment options for the elderly and multiple morbidity, Cornelia Leo- Intra-operative confirmation of margins in breast conserving surgery, Marc Thill- Robotic assisted mastectomy, Antonio Toesca- Nipple sparing mastectomy in the large and photic breast, Maurice Nahabedian- Discussion

10:15 – 10:45 Refreshments and exhibition viewing

10:45 – 11:15 **Special topic, Chairs: Venkat Ramakrishnan & Chris Andree**

- Re-sensation of the breast and NAC following mastectomy, [Alex Mesbahi](#)
- Panel discussion: for, against and patient factors, [Stefania Tuinder](#), [Alanna Rebecca](#), [Koen Van Landuyt](#) & [Alex Mesbahi](#)

11:15 – 12:10 **Sponsored symposium: Motiva**

12:10 – 12:30 **Key publications in the last decade, Chair: Maurice Nahabedian**
[Marc Thill](#), [Eric Santamaria](#) & [Yazan Masannat](#)

12:30 – 13:30 Lunch and exhibition viewing

13:30 – 14:30 **LBM Free Paper Session: innovation in aesthetic and reconstructive surgery**
Chairs: Ara Salibian & Stefania Tuinder

14:30 – 14:50 **Sponsored symposium: Mentor**

14:50 – 16:00 **Breast implant special topics, Chairs: Constantin Stan & Charles Randquist**

- Update on systemic symptoms associated with breast implants, Marisa Lawrence
- Breast implants and immune response: is it always bad?, John Kim
- Malignancies associated with breast implants: from squamous cell to lymphoma, Ara Salibian
- ALCL and its impact on the industry, Roger Wixtrom
- Discussion

16:00 – 16:30 Refreshments and exhibition viewing

16:30 – 17:40 **Updates in lipofilling, Chairs: Carlos Manfrim & Marisa Lawrence**

- Lipofilling of the breast: considerations for success and failure, Alanna Rebecca
- Lipofilling and nutrition, Filip Stillaert
- Treatment of adverse liposuction/lipofilling donor sites – how to correct, Charles Randquist
- Non-surgical management of lipofilling donor sites, Flavia Morellato
- Discussion

17:40 – 17:45 **Close of day 2**

17:45 – 19:00 **Networking reception, sponsored by Synovis**

19:00 – late **LBM Friday Night Social Function**

Saturday 9th September 2023

09:00 – 10:20 **The changing trends in breast augmentation, Chairs: John Kim & Foad Nahai**

- Minimizing the risk of sensory loss following breast augmentation: incisional strategies, Claudio Angrigiani
- Implant location and breast augmentation: comparing subpectoral, subfascial, subglandular placement of implants, Humberto Uribe
- Composite breast augmentation with round implants and lipofilling: is this the new gold standard?, Constantin Stan
- Pre-operative breast measurements: what are the important measurements to achieve a successful outcome?, Patrick Malluci & Charles Randquist
- Breast augmentation in the Asian woman, Mark Ho Asjoe

- Discussion

10:20 – 11:35 **Avoiding complications in breast augmentation**, Chairs: [Jian Farhadi](#) & [Wouter Van der P](#)

- How to avoid implant lateralisation and caudalisation in an unstable implant, [Charles Randquist](#)
- Can lower pole stretch following breast augmentation be minimized, [Patrick Malluci](#)
- Imaging after breast augmentation: when, why, how and by whom?, [Juan Carlos Zambr](#)
- The ruptured implant – timelines for surgery: how long is too long?, [John Kim](#)
- Discussion

Panel Discussion: Capsular Sontracture 2023 – who is to blame? Device vs patient vs surgeon?
[Jain Farhadi](#), [Charles Randquist](#), [Patrick Malluci](#), [Foad Nahai](#), [Roger Wixtrom](#) & [John Kim](#)

11:35 – 12:00 Refreshments and exhibition viewing

12:00- 12:30 **Keynote lecture: my 47 years in search of longevity in breast reduction**
[Marlene See](#)

12:30 – 12:50 **Sponsored symposium**

12:50 – 13:45 **Aesthetic reshaping of the breast**, Chairs: [Patrick Malluci](#) & [Mark Ho Asjoe](#)

- 3D simulation for aesthetic breast surgery – friend or foe?, [Alex Mesbahi](#)
- Where to place te mesh in mastopexy and revisions?, [John Kim](#)
- Tuberos breast correction with implants, fat and tissue rearrangement, [Constantin Stan](#)
- Synmastia correction, [Charles Randquist](#)
- Discussion

13:45 – 14:00 **Only in my hands**
[Jaume Masia](#) & [Maurice Nahabedian](#)

14:00 – 14:15 **Summary and close of conference**
[Jian Farhadi](#)